

greenlight

Leicester's festival of sustainable living



2012

31st March
Programme



Welcome!



THANKS FOR COMING TO JOIN US TODAY!

Green Light is a new festival to celebrate and showcase sustainable living in Leicester. At the festival, you'll find practical workshops, music, expert talks, stalls from local organisations and much more.

Our intention is for Green Light to bring people in Leicester together to share knowledge and inspiration on living sustainably within our communities, at work and in our everyday lives. We think that low-carbon, low-impact living is not only good news for the planet and for reducing our reliance on fossil fuels; but can also greatly improve the quality of life in our local communities.

We are proud to present such a huge range of activities today: 40+ stalls, 30+ workshops and talks, alongside a range of all-day interactive crafts, play sessions and weird and wonderful one off events! 20+ artists, 10+ performers, 3 different places to eat and an army of helpful volunteers. This may only be a day, but we're aiming to make sure everyone leaves with a skill learned, a story to tell or a friendship made.

We hope you enjoy the day. Tell us what you think!
- The Core Team, Greenlight Festival 2012



The co-operative



life

About us

Who runs it?

Green Light was initiated by members of Transition Leicester, who have worked with Groundwork Leicester and Leicestershire to make the festival happen. De Montfort University are offering us a wonderful venue and further help to pull the event together. Funding gratefully recieved from Co-Operative Membership Community Fund, Leicestershire and Rutland Community Foundation, Local Energy Assessment Fund and the LIFE fund for environmental projects in the Leicester area.

Find anyone with a sash and a black and white badge if you need help, want to give feedback or just want to know more. We aim to be as transparent and approachable as possible.

Special thanks to:

Simon Bates, Jessie Cooke, Linda Faulkner, Richard Fletcher, Mel Gould, Katrin Heink, Gordon Hill, Charlotte Jones, Matt Jones, Laura Mark, Andrew Reeves, Chris Shaw, Chloe Woods and all of the many other volunteers, participants and contributors.

Friends of the festival

How can I support the festival?

Well, you're here for one thing, so thanks for that! We are always looking for people who could offer their talents and time, if you would like to get involved. We will also be giving away some great stickers, postcards and magnets (while stocks last) for donations of ANY value at the Green Light stall in the Transition Cafe area. All support appreciated!

Become a Friend of the Festival

Friends of the Festival are given priority updates, invites and consultation on future events. Also a cool* badge and a glowing feeling of goodness*! 80% of all funds raised go towards next years event, 20% will go to a Transition or Groundwork project yet to be decided.



Adults:
Donate £5 or more
Children (u12):
Complete a
"Gringo" card



* - Definitions of "cool" and "feelings of goodness" may vary

Food

We've done our best to cater for all diets and to provide food that is local, seasonal, sustainable and of course, delicious! The following groups are serving throughout the day:

Green Garden Cafe - First floor, end of walkway

Relax upstairs, away from the hustle and bustle with vegan soup, falafel wraps and salads.

Mirch Masala - Ground floor, end of concourse

Curries, Indian snacks and drinks

Currant Affairs - Ground floor, Transition Leicester Cafe

Drinks, savoury and sweet snacks in the gallery and Transition area

Arts and entertainment

Gallery@ Greenlight In the Transition Cafe

We can all use sustainable materials to make useful things - and this is true for art, too!
There are 25+ works to marvel at in the Gallery, and we need you to vote for your favourite. The winner will be announced at 16.45 in the concourse, and receive a trophy made by local glass blower Ben Walters,

Music and poetry

See a range of local acts in the Music Room and outdoors (weather permitting!)
Including: Tim Sketchley, Sally Hossack, Andy Stirton, Becky Stickland, Tim Sayers, Jo Twist, Sheila Mosley, Lloyd and the Wilderness, Jess and the Bayonettes and more. More details and links: bit.ly/GSJxCa

In the main concourse...

11.40-11.55 - Community action showcase
Quickfire talks to introduce you to some of the inspiring community-led environmental projects happening locally and how to get involved.

14.00-14.15 - Bike Bell Orchestra
Can bicycle bells in unison make beautiful music together? Bring yours and find out!
14.30-14.55 - Acknowledgements and Schools Recycling Challenge award ceremony
16.45-16.55 - Gallery@ Green Light Award Ceremony, peoples choice award

Last minute alterations

Athene Skincare have a stall
www.atheneskincare.com
Fossbox have a stall
www.fossbox.org.uk
Morsbags have a stall, as well as their 3pm session in the Red talks room
The UCU workshop at 11.00 is cancelled

Afterparty from 18.30

We'll be round the corner at The Font bar relaxing with performers Roger Wilson and Rob Gee. Food and real ales available.

Stalls

- 1 Borbala Hidvegi
- 2 Bright Bikes : www.facebook.com/brightbikes
- 3 BTCV : www.btcv.org.uk
- 4 Chocoholic : www.facebook.com/pages/Chocoholic
- 5 Compassion in World Farming : www.ciwf.org.uk
- 6 Creative Problem Solvers : www.creativeproblemsolvers.co.uk
- 7 Cycle Magic : www.cyclemagic.org.uk
- 8 Daisy Chain : daisychainleicester.tumblr.com/about
- 9 DMU Amnesty International : www.demontfortstudents.com/dmuamnesty
- 10 Finding My Balance : www.findingmybalance.biz
- 11 Go Travel Solutions & Smarter Travel Leicester : www.go-travel-solutions.com
- 12 Green Finder : www.greenfinder.co.uk
- 13 Green Light festival : www.greenlightfestival.org
- 14 Groundwork Leicester & Leicestershire : www.eastmidlands.groundwork.org.uk/leics
- 15 Healing Tree Therapies and Shamanic Practice : www.healingtreetherapies.com
- 16 Healthy Community Lifestyle Promotion
- 17 Leicester Campaign for Nuclear Disarmament : www.cnduk.org
- 18 Leicester College : www.leicestercollege.ac.uk
- 19 Leicester Energy Agency : www.energyagency.co.uk
- 20 Leicester Friends of the Earth : www.foe.co.uk/leicester
- 21 Leicester Soundmap
- 22 Leicestershire & Rutland Family Markets : www.country-markets.co.uk
- 23 Leicestershire & Rutland Wildlife Trust : www.lrwat.org.uk
- 24 Leicestershire Rural Community Council : www.ruralcc.org.uk
- 25 Leicestershire Vegetarian and Vegan Group : www.leicesterveggies.org.uk
- 26 Low Carbon Leicester : www.oneleicester.com/greenerleicester
- 27 Lush : www.lush.co.uk
- 28 Marie Seller
- 29 Mohsin Clinic of Natural Medicine : www.mohsinhealthgroup.co.uk
- 30 Move Your Money UK : www.moveyourmoney.org.uk
- 31 Plumb Solar Ltd : www.plumbsolar.co.uk
- 32 Raw n Pure : www.rawnpure.org
- 33 Recovery : www.recovery4wellbeing.org
- 34 Recycling Solutions : www.recyclingsolutions-groundwork.org.uk
- 35 Ride Leicester : www.leicester.gov.uk/your-council-services/transport-traffic
- 36 Ruth Singer Studio : www.ruthsinger.com
- 37 Steiner School Leicestershire : www.steinerschoolleicester.info
- 38 The Prince's Trust : www.princes-trust.org.uk
- 39 Things to do in Leicestershire : www.thingstodoinleicester.com
- 40 This is a Green : www.thisisagreen.com
- 41 Transition Leicester : www.transitionleicester.org.uk
- 42 UFW Renewable Energy Centre : www.ufw.co.uk/
- 43 Union Learn : www.unionlearn.org.uk
- 44 Vegan Outreach East Midlands : www.veganoutreachuk.blogspot.com
- 45 Woodbine Wools : www.woodbinewools.co.uk

Ground
floor
Room 0.15



Crafts and play



ALL DAY

Pop into Crafts and Play for face painting and a wide range of eco-craft activities for all ages. Make a mirror from an old record with Complete Wasters, and try plastic bag weaving with Serenity Eco-Craft. Most activities are drop-in, but the times below are a useful guide.

Willow Crafts

(10.30-11.30 and 11.30-13.00)

With independent artist Borbala Hidvegi and Groundwork Conservation team member Kim Hawksworth

Veggie Cooking for Children

(11.00-13.30)

Ann-Marie Harrigan from Leicester Vegan Families will lead drop-in cooking activities for children. The session will enable participants to take part in putting the ingredients together and seeing the results come out of the oven! Suitable for vegans, nut free and coeliacs.

Story Making and Puppetry for young people

(12.00-13.30)

Louisa Humphreys will deliver an interactive and fun workshop for young children. The group will make a character for a story and then develop the story with them and then join with other children in writing an adventure for their character and 2 others to deliver a puppet show.

Circus Skills

(14.00-17.00)

Anton Balev from Leicester's Balevi Circus will lead a drop-in session for children and young-at-heart adults. Come along to try out or brush up some circus skills with some expert guidance and a great range of entertaining props. There'll be juggling, skipping, hula-hooping, hand-standing and a whole lot more...

Interactive arts



Ground floor
Room 0.11

Free Rhythms

An uplifting, simple and potentially exhilarating short dance session, inspired by "Five Rhythms" dance workshops. A chance to relax, move and follow the music in whichever way you choose to a soundtrack that's been especially chosen to provoke a wide range of ways of moving ourselves around the space. Open to all - no previous experience necessary.

Led by Jean Woods.

11.00 - 12.00



Forum Theatre

This interactive session led by Debbie Hughes will draw upon the experiences of participants to explore some of the dilemmas of sustainable living through a fun, participatory theatre session.

Forum theatre was developed by educator and activist Augusto Boal in the late 20th Century as a way for ordinary people to explore solutions to challenging social issues.

12.30 - 13.30



image credit: philadelphia theatre of the oppressed

Impro intro a go-go!

A short and sweet taster of improvised comedy games. Expect to laugh, play, move around a lot and to leave wanting more. Suitable for teenagers upwards. No expertise required and everyone welcome. We'll cram in as many fun games as we can squeeze into 45 minutes, and get very creative with ideas, words and movement. Led by Green Light organisers Andrew Reeves and Jessie Cooke, taking a bit of time out from helping on the day to be very silly indeed. With support from Brendan Curtis Burton from MissImp improv comedy group.

15.00 - 16.00



Sing Your Heart Out!

Singing is our birthright. For thousands of years people all over the world have sung - to express joy, celebration and grief, to accompany work and devotion, to aid healing - without worrying about having a "good" voice or "getting it right". Song has been a part of life, a way of bringing people together. We start with a warm up, have a laugh with some action songs and create some divine harmonies.

Led by Louise Hall from Leicester's "Voices Come Together".

16.30 - 17.30



image attribution: flickr, iStockphoto, iStockphoto

First floor
Room 1.10



Lecture theatre

11.00 - 12.00



Leicester's low carbon roadmap

An interactive session led by Leicester City Council's Environment Team, exploring some of the action that the council is proposing to carry out to reduce the city's carbon footprint by 50% by 2025. Come along to discuss the City Council's ideas and to hear how individuals and organisations can get involved in making Leicester a low-carbon city.

www.oneleicester.com/greenerleicester

12.30 - 13.00



Green Fox Community Energy - the launch!

Want more renewable energy in and around Leicester? Would you like communities to benefit from clean energy projects and energy saving? Green Fox is an exciting new community energy co-op, set up by Transition Leicester to make these things happen. Come along to find out about Green Fox's plans, how you can get involved in our first share offer in 2012 and to learn more.

15.00 - 16.00

unionlearn

Greening your workplace

This workshop will explore how trade unions are having a practical impact on environmental issues in the workplace, and in particular climate change. It will look at work to negotiate with employers on environmental issues, spreading awareness and encouraging colleagues to get active at work. Find out more about the Role of the Green Rep and discuss how you might impact on the greening of your workplace. Led by Mary Alys of Unionlearn, the TUC's learning and skills organisation.

www.unionlearn.org.uk

16.30 - 18.00



Green light debate: Leicester 2025

What would a low-carbon Leicester look like in 2025 and how can we be a part of making it happen? Following a short introduction on the City Council's ideas for how this could be achieved, this session will explore some of the opportunities and some of the thornier issues involved, with help from a panel of local experts. Biofuels for cars? Energy from waste? External insulation for most of our homes? Come along to find out more and have your say!

www.oneleicester.com/greenerleicester

Auditorium



First floor
Room 1.12

Trade unions and low carbon communities

Graham Peterson of the University and College Union will lead a presentation on the work of the Greener Jobs Alliance. Including discussion of national developments on green jobs and skills with a focus on further and higher education, and ongoing work in London. www.ucu.org.uk/index.cfm?articleid=5269

11.00 - 12.00



Eco self-build

This introduction will share ideas on how to build your own environmentally friendly house, workshop or studio. Led by Duncan Roberts, an architect and self-builder who has been designing and constructing timber-framed buildings for 25 years. Organised in conjunction with the Leicestershire and Rutland Society of Architects. www.architects-lrsa.org

12.00 - 13.30



Eco social media and short films

John Coster from community news agency Citizens' Eye will give a short presentation on the use of social media to support campaigns aimed at raising awareness on green issues. Includes showing of short films, in association with Leicester Docfilm festival and the Eco Eye news agency. www.citizenseye.org

15.00 - 16.30



CITIZENS' EYE

Ethical pets short film and Q&A

Ethical pets is a pet supplies retailer who endeavour to make finding and choosing ethical products easy, interesting and enjoyable, by providing balanced and well-researched information about the products they sell. www.ethical-pets.co.uk

16.30 - 17.00



Ethical Pets

Film premiere: Anima Mundi

The first showing in Leicester of Anima Mundi, a new documentary highlighting some of the best thinking from around the globe on positive solutions to current environmental challenges. Featuring contributions from permaculture co-founder David Holmgren, Noam Chomsky and Dr Vandana Shiva. Introduced by Dani Patuzzi from Leicester permaculture design course. <http://animamundimovie.com>

17.00 - 18.00



Ground
floor
Room 0.07



Blue

Living a greener
lifestyle at home

11.00 - 11.30



Energy Best Deal

A short talk and Q&A delivered by John Preston from the Rural Community Council on getting the best energy tariff available, how to cut fuel bills, where to look for help and ideas for making your home more energy efficient. www.ruralcc.org.uk

11.30 - 12.30



Energy efficiency & renewables at home

Renewable energy expert Tim Saunders will lead a discussion on how we can improve energy efficiency and generate energy at home. Air pressure testing, thermal imaging, financial incentives, technology options and simple low cost measures will be explored.

12.30 - 13.30



A greener, handmade home

A talk exploring the trend for making things at home and how to ensure that the craft and sewing you undertake is sustainable. Led by Leicester's eco-crafts expert and author Ruth Singer of the Ruth Singer Studio. www.ruthsinger.com

15.00 - 16.00



Green gardeners' question time

How best to look after our gardens, yards and allotments to make them productive whilst caring for the planet? Is going organic for you? What can you usefully do with a small space? With gardening blogger Jayne Childs and local experts: Rob Carter, Dani Pattuzzi and Gareth Bannister.

16.00 - 17.00



Car culture is over if we want it!

An interactive workshop to present peak-car theory, evidence of change in leading global cities and finding the people-friendly city beneath the streets in Less-tar! Led by Ride Leicester's Andy Salkeld.

17.00 - 18.00



Guerrilla gardening

Do you want to be a guerrilla gardener? Come along to this workshop to learn about some of the ideas, inspiration and passion behind making productive use of under-used urban space. Led by Chris Tomlinson. www.guerrillagardening.org

Red

Hands-on
and big ideas



Ground floor
Room 0.17

Beginner's Knitting

Learn the basics of how to cast on and how to do the knit stitch. Suitable for total beginners – children should be accompanied. Yarn and needles will be supplied.

Led by Rebecca Price of Woodbine Wools.

www.woodbinewools.co.uk

11.00 - 12.00



Shamanism and the environment

Teresa Lewis will introduce participants to what shamanism is and some history of the ancient art.

Led by Teresa Lewis of Healing Tree Therapies & Shamanic Practice.

www.healingtreetherapies.com

12.30 - 13.30



Morsbags: guerrilla bagging!

Rosie Eley will show you how to turn old fabrics into practical, sustainable bags that will last a lifetime. Equipment, fabric and sewing machines provided. Rosie will also be manning a stall on the day, giving away hundreds of reusable, recycled bags.

Led by Rosie Eley from Morsbags Leicestershire.

15.00 - 16.00

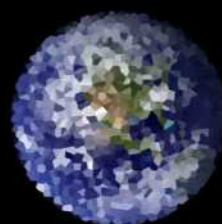


International Climate Change - the game!

A Green Light exclusive – the debut of a new group game developed by Leicester's Steve Massey to explore how countries can respond to climate change whilst keeping their citizens happy. Each player takes control of an entire nation, country development and international negotiation. Can players promote their economies and avoid environmental catastrophe? Simple rules but complex psychology in this unique game. Steve Massey is the former chair of Leicester Friends of the Earth and a connoisseur of great board games.

16.30 - 18.00

PLAYER ONE READY?



LIVES: 7 billion
CONTINUES: 0

Ground
floor
Room 0.14



Green

Action, health
and travel

11.00 - 12.00



Ashton Green and sustainable communities

Chris Shaw will deliver a talk about Sustainable Communities, what are they and can they be created from scratch? He will also discuss proposals for Ashton Green, Leicester's "first sustainable community" and will launch Ashton Green Enterprise, a social enterprise aimed at ensuring the local community is fully consulted about Ashton Green.

12.30 - 13.30

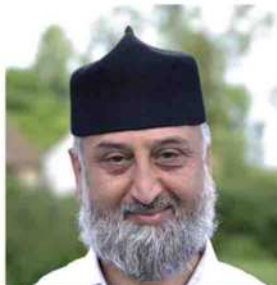


Traveling cheaper, easier and greener

Robin Pointon from Go Travel Solutions will deliver a workshop to provide tips and advice for businesses and staff on how to make local travel cheaper, easier and greener through Smarter Travel Leicester.

<http://www.go-travel-solutions.com>

15.00 - 16.00



Natural sustainable medicine

Is natural medicine still relevant in today's high tech modern world? How can natural medicine help us towards sustainable living? How can it help us to save money by looking after our health? How can natural medicine help us with common health problems? With M Salim Khan, Consultant Herbal Physician, from Mohsin Clinic of Natural Medicine. <http://www.mohsinhealthgroup.co.uk>

16.00 - 17.00



Timebanking for Leicestershire

Timebanks are a way for people to share their time and skills in exchange for help from other local people and organisations without using money. This workshop will enable participants to explore skills they possess and how to share them. Interested groups can sign up to the Timebank. Led by James O'Flynn from Leicestershire County Council.

17.00 - 18.00



Intersectionality and action

"The transition to deep sustainability" This interactive workshop will explore the process of genuine radical change, harnessing insights and lessons from progressive movements including humane education, permaculture and protest. Led by Nick Jukes from InterNICHE. <http://www.interniche.org>



A Sustainable Diet for the future

Ruth Sanderson from Vegan Outreach and will lead a discussion on how diet links to a sustainable lifestyle.

veganoutreachuk.blogspot.com

11.00 - 12.00



The Carbon Footprints of Food

Participants will play "The Carbon Pyramid", a game that will help you learn about carbon footprints of a range of foods and why they vary so much. There's a lot of confusing and misleading information about the footprint of the food we eat, and changing our diet is more complex than simply knowing the facts - food is an essential part of our lives; our everyday rituals, culture and relationships revolve around it.

Led by Zina Zelter from Transition Leicester's "Footpaths" project

12.30 - 13.30



Energy best deal

Repeat of 11.00 session in Blue. How to save energy, generate your own and switch suppliers with John Preston.

www.ruralcc.org.uk

15.00 - 16.00



Green Business Challenge

This session will see aspiring young entrepreneurs pitch their eco-business ideas to an expert panel in a Green Dragon's Den to win the prize of a year's free business advice from the Prince's Trust? Led by Groundwork Leicester & Leicestershire. and featuring 'Dragons' Ruth Singer (local business woman), Jonathan Dawson (Prince's Trust) Roy Morgan Wood (Leicester College) www.gwll.org.uk

16.30 - 18.00



Move Your Money!

An introduction to the Move Your Money campaign, currently spreading like wildfire in the UK. The campaign aims to spread awareness of the ethics of banking and saving institutions in the UK and encourage people to switch to banks that do the right thing by people and the environment. Led by Leicester's Marloes Nicholls, one of the founders of the campaign. www.moveyourmoney.org.uk

16.30 - 18.00



